

The Lung Cancer Screening Cheatsheet

Who Should Be Screened?



✓ Turns 81 years old



✓ Has not smoked in 15 or more years



✓ Develops a health problem that makes him or her unwilling or unable to have surgery if lung cancer is found.

When Should Screening Stop?



✓ Have a 20 pack-year or more smoking history



✓ Are between 50 and 80 years old



✓ Smoke now or have quit within the past 15 years

Where are these screenings performed?

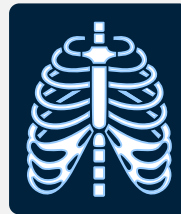


Primary care doctor



Local hospital

What Kind of Lung Cancer Screening Should You Get?



Low-dose CT scan (LDCT)

The only recommended screening test for lung cancer is low-dose CT scan (LDCT). During a LDCT scan, you lie on a table and an X-ray machine uses a low dose of radiation to make detailed images of your lungs.

MyHealthfinder

The Office of Disease Prevention and Health Promotion has a great tool to determine which tests you need based on your age, gender and if you're pregnant.

<https://health.gov/myhealthfinder>

